

**Access Remote Digital Transfer II (ARDT II)** is our software that enables uploads of your content to Access Sacramento.

Please share these current file specifications for this process with your editor:

**Any variation is NOT recommended.** 4GB or less is our file size limit for uploading. If you have a bigger exported file size, please bring it to the station in an external drive.

- Audio: 224 Kbps, 48,000 Hz, 16 Bit, Stereo, MPEG
- Video: 29.970 fps, 1280x720 Lower field first, YUV, 6 Mbps
- Pixel Aspect Ratio: 0.909
- Extensions: .mpg, .mp4, or .mov

A properly compressed file will have a resulting size in the following ranges:

- 30 minutes... 800MB to 1.5GB
- 1 hour... 2.0GB to 3.5GB

Please double-check your export settings to make sure your parameters meet these specifications. **Unfortunately, incorrect formats will be rejected.**

Thank you for your efforts, and attention to the details!

\*\*In a best case scenario, delivery time of your file should execute under 2 hours. The smaller the file size, the faster the delivery.

PRO TIP: Google "speed test" to check your connection BEFORE you attempt to send your file to Access Sacramento (or test by [clicking HERE](#)). You will need "Upload Speed" better than 7-8 Mbps for best results. If your connection is less than 5Mbps, please bring your content to the station on an external drive.

